



NATURAL KITCHEN
MARYLEBONE, LONDON

Soup's of the day

Your choice of the days Home-made Soup with artisan organic bread
mug 4.95 bowl 5.95

Sandwiches

Served with mixed leaf salad

Croque Monsieur / Madame on rustic toast 7.95 / 8.50

Toasted Focaccia with Chicken breast, fresh red pepper pesto, mature cheddar & crème fraiche 7.95

Toasted Focaccia with Buffalo Mozzarella, NK basil pesto & vine ripened tomatoes (v) 7.95

Hand cut Rare roast Beef on lightly toasted granary bread with horseradish mayonnaise, parmesan shavings & rocket 8.65

Tiger Prawns marinated with fresh lime, dill, chilli and tomato salsa served on a soft tortilla wrap 8.95

Summer Salads

Poached Salmon with new potatoes, green beans, cherry tomatoes, rocket & dill dressing 10.95

Warm Honey glazed English Goat's Cheese with roast beetroot, pine nuts, herbed leaves & mango dressing (v) 8.95

Smoked salmon Nicoise with fine beans, capers, olives, new potatoes & soft boiled egg 10.25

Buffalo Mozzarella with sun-dried tomatoes, butternut squash, spinach leaves, pine nuts & aged balsamic (v) 9.75

Avocado, Parma ham, brie & cracked walnuts with watercress and rocket and honey dressing 9.25

Warm Crab, spring onion & herb tartlet with hollandaise & watercress salad 9.50

Sharers 10.95

Served with a selection of our Organic Artisan breads

Charcuterie - Corsican Coppa, Lonzo & Saucisson and Italian Prosciutto

Mezze - hummus, baba ghanoush, roast artichokes, marinated peppers & olives (v)

Smoked Fish - Scottish smoked salmon, trout and mackerel and dill crème fraiche

French Cheese - Crottin, Roquefort, Brie de Meaux and Comte (v)

Bread & Nibbles

Basket of Focaccia with Olive oil & balsamic vinegar 3.25

Artisan Breads & butter 2.95

Marinated Olives 2.95

Early week day special (Available Monday thru to Wednesday)
Two Summer salads or sandwiches & a bottle of wine £24.95

Puddings & sweet things

Today's Cheesecake 4.95

Carrot & Orange cake 5.25

Chocolate Mousse 3.25

Warm Chocolate (gluten free) brownie & cream 4.25

Homemade luxury Flapjack (gluten free) 3.25

Assorted muffins 2.65

Cupcake assorted flavours 2.50

Roskilly's Organic ice cream mini pots - assorted flavours 1.65 each

A discretionary 12.5% service charge is added to all bills